

For many years, most medical and health-related research was done on men, and it was assumed that women have the same health problems and needs. We now realize that this is not true. The symptoms and progression of diseases differ between men and women. Men and women have unique needs due to their unique physiology, and each may benefit from different health strategies. One concern unique to men revolves around the prostate.

As men age, their prostate often changes. It may become enlarged or inflamed, which may result in a variety of difficulties with urination.

You can do a number of things to help maintain prostate health. Drink water. Avoid caffeine, alcohol, and spicy foods. Watch your weight. Exercise. And use supplements.

How to use AIM ReAssure®

- Take one to two tablets at breakfast and dinner. You may take more or less, depending on your needs. Most users start with two tablets at breakfast and dinner and, after experiencing the desired results, use one tablet at breakfast and dinner for maintenance.
- Close tightly after opening and store in cool, dry, dark place (70-75 F; 20.1-23.8 C). Do not refrigerate. Do not use if allergic to pollen. If you have asthma, consult a health practitioner before using this product.

Q & A

Can I take AIM ReAssure® with other AIM products?

Yes; however, because the fiber in AIM Herbal Fiberblend® may inhibit the absorption of AIM ReAssure®, we recommend that you take AIM ReAssure® 30 minutes before or one hour after taking AIM Herbal Fiberblend®.



How else can I help my prostate?

Prostate health can be affected by nutrition. Drinking adequate water and avoiding caffeine, alcohol, and spicy foods can help, as does nutritional supplementation. The powerful antioxidant properties of the mineral selenium and the vitamins A (beta carotene), C, and E may be instrumental in protecting the prostate gland. AIM Proancynol® 2000 contains selenium; AIM BarleyLife® contains the vitamins A, C, and E; AIM Just Carrots® contains vitamin A; and AIM CellSparc 360® contains tocotrienols, a form of vitamin E. The carotenoid lycopene, also in AIM Proancynol® 2000, has been shown to be a more potent inhibitor of human cancer cells than all other carotenoids.

Enlarged prostate tissue contains elevated levels of cholesterol and its metabolites, so it is advisable to watch cholesterol levels. Selenium may also be helpful in this regard because it has been shown to increase HDL (good) cholesterol levels. Cultures that consume high-fat, high-sugar diets have higher rates of prostate problems; so a low-fat, low-sugar diet is recommended.

Finally, moderate exercise, such as walking, can be helpful, as can hydrotherapy: sitting in a hot bath for 15 to 20 minutes. Consider adding AIM Cell Wellness Restorer® for a relaxed, rejuvenated feeling.

Is there anyone who should not take AIM ReAssure®?

While AIM ReAssure® is safe and effective for many, those with asthma or allergies may wish to consult with a health care practitioner for advice about their specific situation before supplementing with pollen extract.

Do women benefit from AIM ReAssure®?

Yes. In women, AIM ReAssure® helps tone the smooth muscle of the bladder and helps to relax tension in the urethra. This helps to improve bladder control and reduce urinary incontinence.

Benefits and Features

Benefits

- Maintains men's health
- Maintains prostate health naturally
- Three mechanisms
 - Smooth muscle relaxant
 - Anti-inflammatory
 - Antioxidant

Features

- More than 10 years of safe and beneficial use by AIM Members
- Extensively tested
- Safe and economical
- 120-count tablets

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